



THE MACROBIOTIC ASSOCIATION

Accreditation Assessment to become an MBA Professional Member.

To maintain the highest standards of practice, and promote wider recognition of the macrobiotic approach to healthy living and healing in society today, in 2011 the MBA established an Accreditation process for the healing arts below.

Wherever you have studied, trained and practiced macrobiotics, you can apply to take the assessment to be accredited in the healing arts below. Please read them to see if you need to study more before you apply.

The following PDF files can be downloaded:

Macrobiotic Health Coach & Cook

Training standards – [Download Here](#)
Sample theory paper – [Download Here](#)
Application form – [Download Here](#)

Macrobiotic Consultant

Training standards – [Download Here](#)
Sample theory paper – [Download here](#)
Application form – [Download here](#)

MBA Code of Conduct & Ethics – [Click here](#)

Grand-parenting - those with over 20 years experience – [Click here](#)

Advantages of being an accredited MBA Professional Member:

- * Joining like-minded people to share experience
- * Attending conferences and having the support of colleagues
- * The reassurance you have reached the standard in which you're accredited.
- * Contributing to the promotion of a healthy way of life to a wider public.
- * Advancing credibility & effectiveness of holistic living at a critical time in society.
- * Advertise your services, courses, workshops on the website and Face book page.

Comments from previous accreditation candidates:

“ An amazing day, that stretched me and gave me confidence to go forward”. F.P.

“ Assessment day was much more, it showed me how important our work is”. T.D.

There are 2 routes to choose from for Accreditation Assessment.

Route 1 is to independently, take the full day assessment in the UK. All details in the Application Form and the cost is £120.

Route 2 is once you have passed your MBA Assessment at the end of your studies, in one of the ratified schools, you have an Interview with 2 MBA Assessors. This can be at the School where you studied or by skype – you will also present 2 coaching reports.

The two UK schools ratified by the MBA to give the Accreditation Assessment are:-
The International Macrobiotic School and Macrobiotic Training London.

Macrobiotic Health Coach & Cook

Accreditation endorses your work to coach people in macrobiotic nutrition and how to live a more healthy, happy, lifestyle; as well as cooking healthy food for people. Your coaching may include giving sessions for health and wellbeing and recommendations for effective basic exercise. Cooking for individuals, families, groups, pop-up dinners, or simple advice working in a health food shop.

Macrobiotic Consultant

The Consultant has deepened and broadened their skill through committed study and practice of Oriental and Western natural healing and assisting an established consultant. Accreditation endorses your work to give consultations to guide individuals and families to obtain optimum health and happiness and to assist with a variety of health problems.

For queries on the accreditation process please email Anna Mackenzie
accreditation@macrobotics.org.uk

For questions on your professional membership please email Ariel Perea Diaz
membership@macrobotics.org.uk

Go to MBA website and click on Membership (Link Here)

Disclaimer

Macrobotics is not intended to replace conventional medical advice or practice but to complement it. The Macrobotic approach to healthy living has been established for over 50 years and is the bedrock of most healthy-living suggestions in much of the world today. When we learn to be responsible for ourselves on a day-to-day basis great changes are possible.